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All three walks described in this leaflet offer superb views over the valley of **Sabden Brook** and beyond.



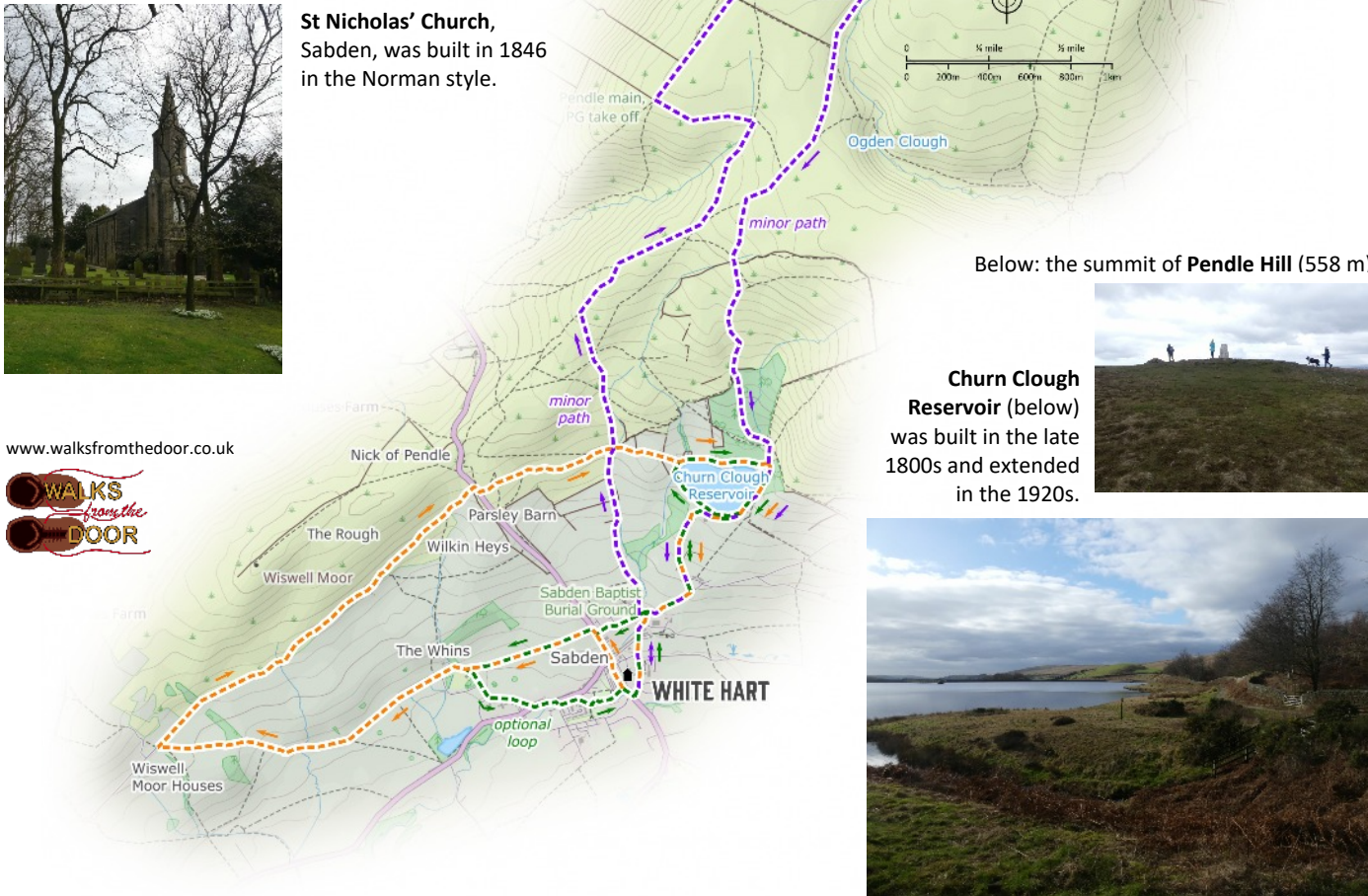
St Nicholas' Church, Sabden, was built in 1846 in the Norman style.

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Below: the summit of **Pendle Hill** (558 m)



Churn Clough Reservoir (below) was built in the late 1800s and extended in the 1920s.



three circular walks from the



WHITE HART

SABDEN, LANCASHIRE



CHURN CLOUGH RESERVOIR
2½ or 3½ miles: Fairly easy
A circuit of our local reservoir, with good views over the valley and an optional extension to see more of Sabden village.

THE WHINS AND CHURN CLOUGH
4¾ miles: Moderate
Wide views over the Sabden valley from the lower slopes of Pendle Hill, plus an attractive reservoir.

PENDLE HILL
8½ miles: strenuous
An energetic exploration of our legendary local landmark.

CHURN CLOUGH RESERVOIR (2½/3½ miles: Fairly easy)

Allow 1–2 hours. One gradual climb. The optional loop to The Whins may be muddy in places, and includes a step-stile over a wall.

1 From the front of the pub turn left and, just before the bridge, left again into Stubbins Lane. **2** At the end of St Nicholas' Avenue, carry straight on. **3** At the end of Wesley Street, carry straight on (Badger Wells Cottages), passing a farm entrance on the right. **4** In front of Cockshotts farmhouse, turn right. **5** After 250 metres, turn left past a cattle grid into the private road to Churn Clough House. Follow it gradually uphill, crossing another couple of cattle grids, until you reach the entrance to Churn Clough Reservoir. **6** Follow the service road round to the right up to Churn Clough House. **7** Beyond the house, but before a gate, double back left onto a path that follows the reservoir wall along the top of the embankment. **8** At the far end, go through a hand-gate, down a short flight of steps, and across a metal footbridge over the reservoir outflow. Turn right past the spillway to a gate onto a track. **9** Turn immediately right through another gate and follow the track beyond, along the northern shore of the reservoir. **10** At the far end, cross a bridge over an inlet and follow the track to the right, passing a bench and fishermen's shelter, back to Churn Clough House. **11** Keep to the service road below the dam embankment and retrace your steps down the driveway, turning right to return to Cockshotts Farm. *For the short route back to the White Hart, turn left and retrace your steps.* **12** For the longer route, bear right and cross the bridge over the stream. **13** Turn immediately left onto a footpath that emerges at the end of a cul-de-sac. **14** Follow the road (Crowtrees Road) back to the main village street. **15** Cross and turn right for a short distance to a gate on the left with a footpath sign. **16** Keep right of a field gate and follow the fence beyond. **17** Go through a metal hand-gate at the end of the field and follow the fenced path to The Whins, where a stone step-stile over the wall gives access to the driveway. **18** Turn left down the drive to Whins Lodge, where you turn left. **19** At the road, cross and turn left, passing Sabden Weir. **20** Beyond the bus stop, cross the bridge on your right and turn left onto a path to the right of the brook. **21** Keep on past another bridge, passing the site of Cobden Mill, then bear left over a footbridge. **22** Turn right along the bottom of the playground, then climb a shallow flight of steps into the car park opposite the White Hart.

THE WHINS AND CHURN CLOUGH (4¾ miles: Moderate)

Allow 2–3 hours. May be muddy. Several stiles; sheep likely.

1 From the front of the pub, turn right and walk up the main village street, passing the war memorial. **2** Just after the junction with Crowtrees Road on the right, turn left onto a footpath after the last house on the left. **3** Keep right of a field gate and follow the fence beyond. **4** Go through a metal hand-gate at the end of the field and continue to The Whins, where a stone step-stile over the wall gives access to the driveway. **5** Turn briefly right, then left before the entrance to Whins Farm onto a footpath. **6** Pass a barn on your right

and continue beyond a gate. After a hand-gate, continue in the same direction, with the field boundary on your right. **7** After a kissing gate, follow the foot of the slope to your right. **8** Beyond a waymark post, cross a couple of bridges over streams. **9** Ignoring the stile ahead, climb to the right with the stream on your right. **10** Towards the top of the field, cross a stile on your left next to a gate and continue below a copse, still with the stream to your right. **11** Beyond the end of the trees, follow the fence to a stile. Cross and aim for the far left-hand corner of the field, just right of Wiswell Moor Houses Farm. **12** At the top, turn right along a track. Pass a conifer plantation and continue through a farm-gate with a Lancashire Way roundel. **13** After another gate, the track continues above the wall as a path over rough grazing, then joins a track past Wilkin Heys Farm. **14** Continue past a barn, to the road below the Nick of Pendle (*the road to the right provides an easy shortcut back to the village if needed*). **15** Cross and take a few steps to the right, then head left up a track blocked by a couple of boulders. **16** Pass a prominent rock on your right then, when the obvious track bends left, take an inconspicuous path ahead. **17** This descends gently to join a wider track. Continue ahead. **18** Just after a fingerpost indicating a concessionary bridleway to Sabden (*another possible shortcut*) go through a kissing gate next to a farm-gate. **19** Ignoring the track following the wall left, go straight on, between a ditch on your left and Calf Hill, the grassy summit to your right. **20** As the reservoir comes into view, descend to a gate and wall-stile and walk down to the entrance to the reservoir surround. **21** Take the left-hand gate and walk along the northern shore. **22** Cross a bridge over an inlet and bear right, past a parking area with a bench and shelter. **23** After a second bench, ignoring a path on the left, go through a gate and follow the access road past Churn Clough House and below the embankment. **24** After a couple of buildings the track passes a cattle grid and descends (via two further cattle grids) to a farm lane. **25** Turn right to Cockshotts Farm. **26** Turn left past some barns to the end of Wesley Street. **27** Carry straight on down to Sabden Bridge and the White Hart.

PENDLE HILL (8½ miles: strenuous)

Allow 4–5 hours. One long climb and descent. Avoid in bad weather – this route uses sometimes obscure moorland paths that may be difficult to follow in fog or snow. May be boggy and exposed: sensible footwear and clothing required. Keep dogs on leads around livestock.

1 From the front of the pub, turn left and left again into Stubbins Lane. **2** At the end of St Nicholas' Avenue, carry straight on. **3** At the end of Wesley Street, carry straight on (Badger Wells Cottages). **4** Bear left at Cockshotts Farm over the stream and follow the road round to the right. **5** Take the path to the right of Badger Wells Cottages. **6** Climb through a series of narrow fields, with the valley of Badger Well Water to your right. **7** The path eventually reaches a wooden fingerpost indicating concessionary bridleways to Clitheroe Road (left) and Sabden (the way you've just come). **8** Ignoring the obvious tracks to left and right, continue straight ahead along a

narrow path through the moorland grass. **9** Continue uphill for 650 metres, crossing various minor paths on your way, including one just to the left of the Chartists' Well, a minor spring marked by a few boulders above a boggy area. **10** Keep on uphill until you reach the northern edge of Pendle, overlooking Clitheroe and the Ribble valley, where you turn right along the obvious, well-worn track leading up from the Nick of Pendle. **11** At a marker stone, take the lesser path on the left, waymarked 'Mearley Moor'. This crosses to the head of the valley and fords a small stream. **12** Bear left, following the still-narrow path to a cairn dedicated to Judith Taylor and Alan Heywood. **13** Turn right along the wall and follow a rough path for 600 metres to a broken perpendicular wall. **14** Cross and continue along the northern edge of the hill, the track becoming more obvious as you skirt round the top of a side-valley and approach a second cairn. **15** Follow the path ahead for 550 metres to a circular stone shelter, beyond which continue to a kissing gate in a wall. **16** The more obvious path bears right, but we continue ahead on a narrow grassy path along the edge. **17** When an ascending path joins obliquely from the left after about 1 km, follow it right, to a gate in the wall below the summit near a shelter. **18** Go through the gate and follow the broad, popular path up to the trig point. **19** From the summit, take the path off to the right, marked on a waymark stone to Ogden Clough. **20** The path, a broad track at first, becomes a slabbed path as it descends to the valley of Ogden Clough. **21** After a gate, ford the stream and bear left along the path alongside the gradually deepening valley. **22** As the clough bends left, bear right along a path that leaves the valley and crosses the open moor. **23** Beyond the highest point, the path descends slightly to a slight dip, then rises again; at the top of this rise, leave the obvious path on a smaller path across the moor on your left (if you get to a cairn and the 'Mearley Moor' marker you followed earlier, you've missed the turning). **24** The path across the moor quickly reveals views of Sabden, then fords a small clough to meet a wall and kissing gate. **25** Go through the gate and follow the path ahead; at a fork, ignore the faint grassy path on the left and take the right-hand path, which quickly starts to descend with views to Churn Clough Reservoir. **26** Follow this path past the end of the Deerstones crag on your left and descend, steeply at times, to the left of a small valley until you meet a wall. **27** Drop down to the crossing over the stream. **28** Leave the obvious path, turning left over a stile in a wire fence into woodland with a Lancashire County Council roundel. Follow the narrow path down through the trees, with a small gully on your right to start with. **29** The path parts company with the gully and drops down to a stream at the bottom of the wood. Cross the stream and follow it to the right, shortly returning to the right-hand bank and crossing a stile as you leave the wooded area. **30** Cross the stream for a final time and follow it down to stone stile over a wall above the reservoir. **31** Turn left and follow the track round to a fishermen's parking area with a bench and shelter.

Now follow steps **23–27** of the **Whins and Churn Clough** route, left, back to Sabden and the White Hart.